

**#NCRYouthToday**  
RISK BEHAVIORS OF YOUNG PEOPLE IN METRO MANILA  
**PART 2**

Demographic Research & Development Foundation, Inc.  
University of the Philippines Population Institute

## OUTLINE

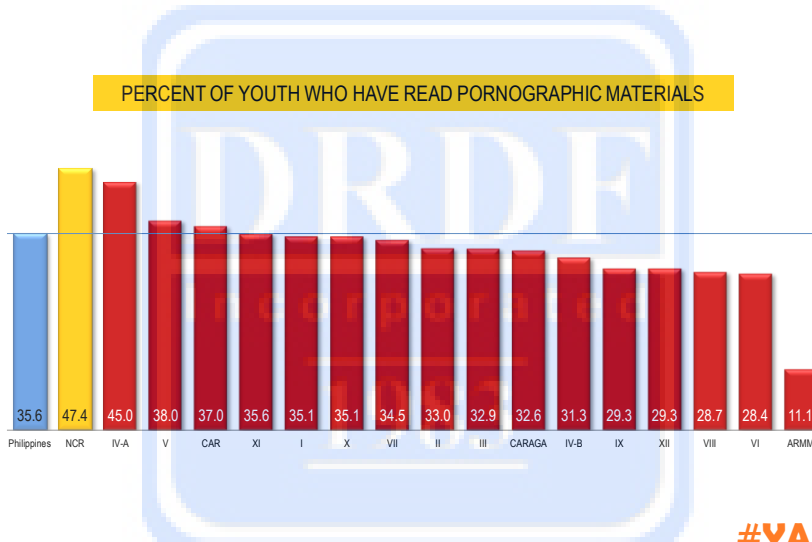
- Sex and media
- Sexual activities
- Sources of information about sex and reproduction
- Teenage fertility
- Summary and conclusions

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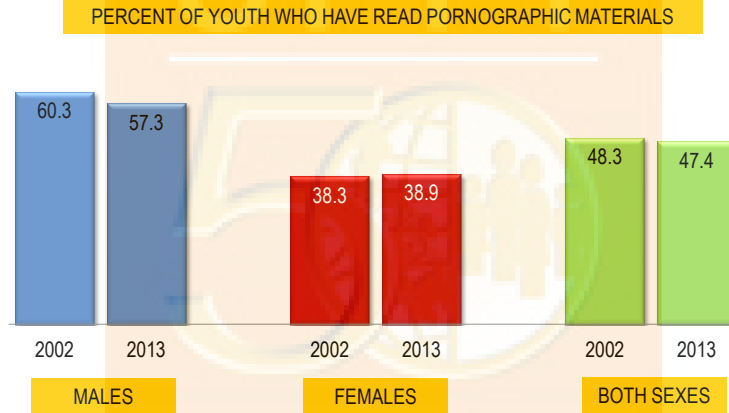
## Nearly half of NCR youth have read pornographic materials



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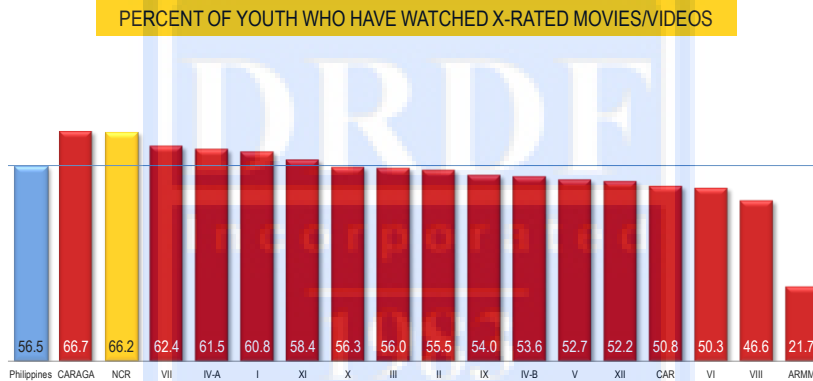
## Slight decline in the prevalence of reading of pornographic materials in the past decade



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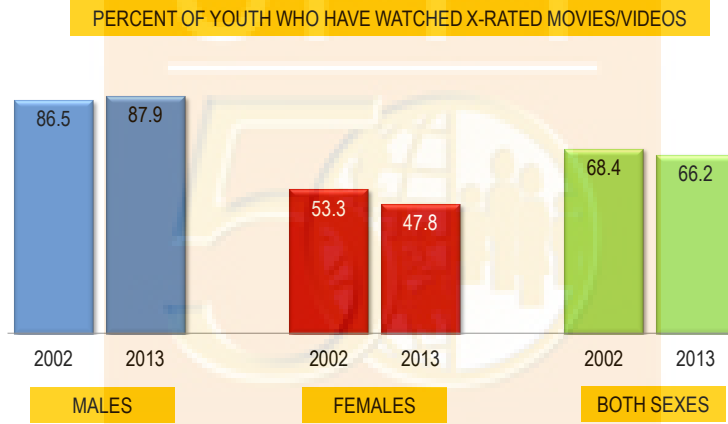
## 2 in 3 NCR youth have watched x-rated movies/videos



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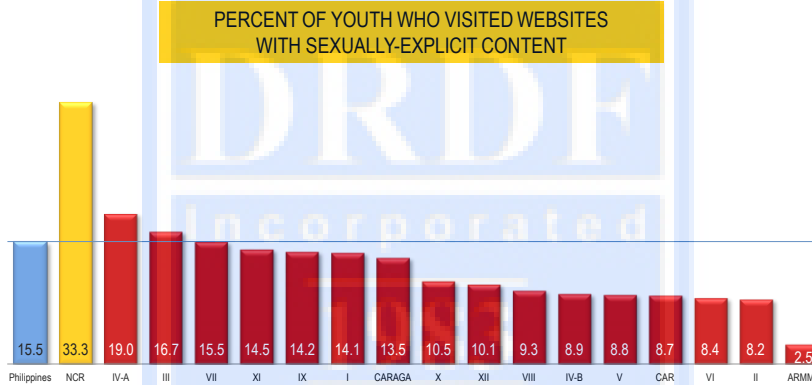
## Decline in the prevalence of watching x-rated movies/videos in the past decade



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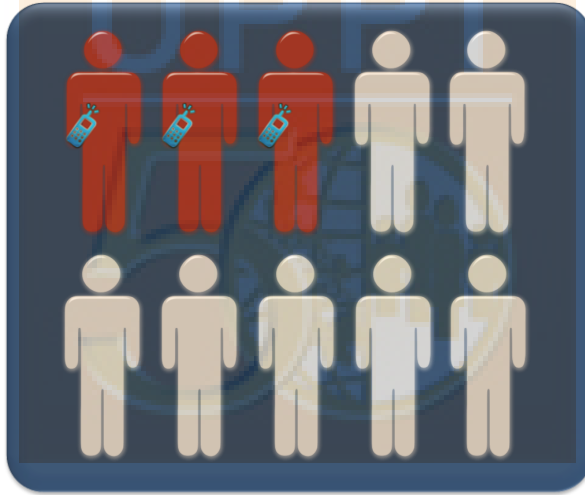
## 1 in 3 NCR youth have visited websites with sexually-explicit content



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**3 in 10 NCR youth have sent or received sex videos through cell phones or the internet**

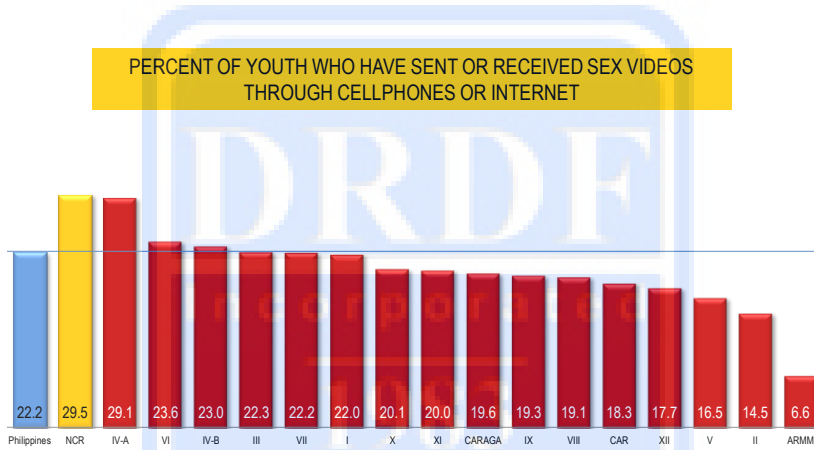


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**Sharing of sex videos is most prevalent among NCR and CALABARZON youth**

PERCENT OF YOUTH WHO HAVE SENT OR RECEIVED SEX VIDEOS THROUGH CELLPHONES OR INTERNET



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## NCR youth have also engaged in other media-related sexual activities

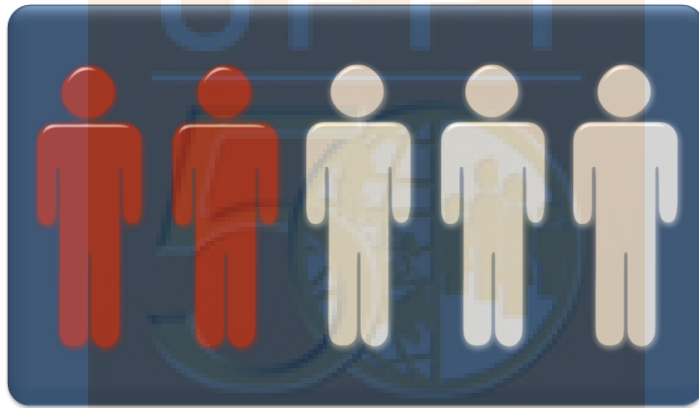
- 1% has recorded himself/herself having sex
- 6% have engaged in sex with someone they met online or through text messages
  - Philippines: 4%
- 6% have engaged in phone sex
  - Same as the national level
  - NCR ranked 4<sup>th</sup> after C. Visayas, W. Mindanao and N. Mindanao all with 10% levels

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**#SexyTime**  
SEXUAL ACTIVITIES

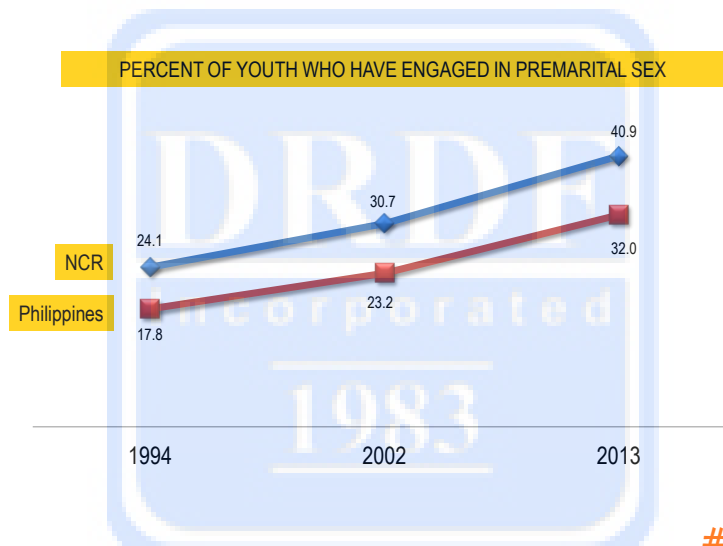
## 2 in 5 NCR youth have engaged in premarital sex



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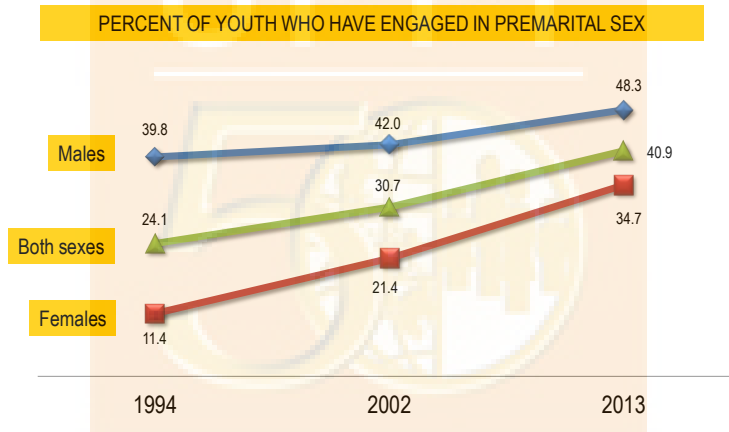
## Increasing prevalence of premarital sex over time; NCR surpassed the national level in all survey years



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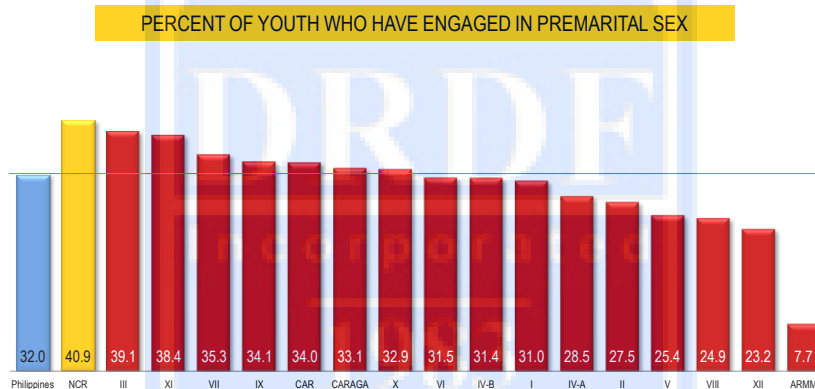
## Narrowing gap in levels of premarital sex between males and females



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## Premarital sex is most prevalent among NCR youth



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Nearly 7 in 10 of NCR youth's 1<sup>st</sup> premarital sex were unprotected against pregnancy and/or STIs

PERCENT OF YOUTH WHO DID NOT USE ANY FORM OF PROTECTION AGAINST PREGNANCY AND/OR STIs DURING THEIR 1<sup>ST</sup> PREMARITAL SEX

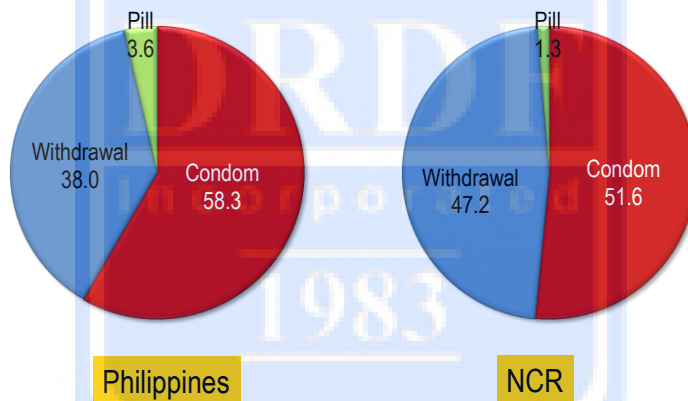


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BUT a substantial proportion of NCR youth practiced withdrawal during their 1<sup>st</sup> premarital sex

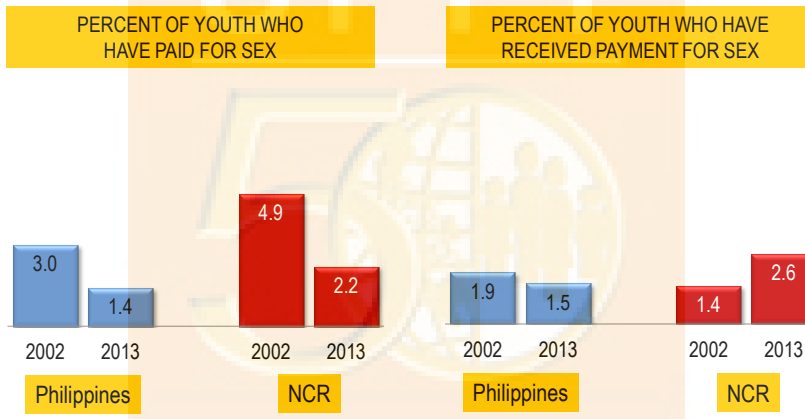
PERCENTAGE DISTRIBUTION OF METHOD USED DURING 1<sup>ST</sup> PREMARITAL SEX



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**Prevalence of commercial sex remains low; Decline in paying for sex but slight increase in being paid for sex among NCR youth**



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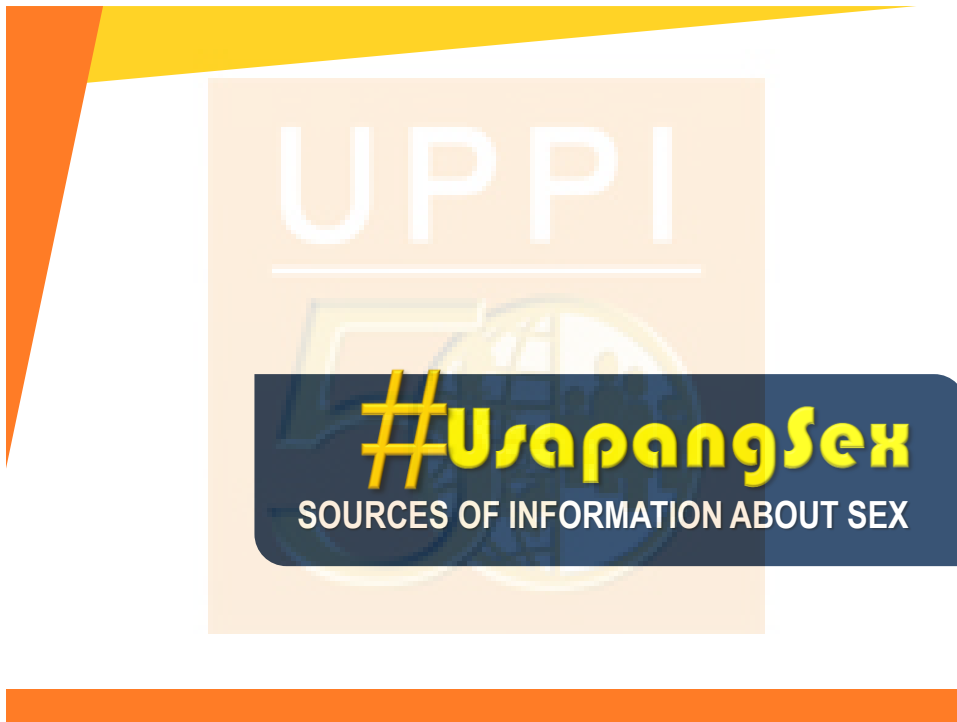
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**NCR youth have also engaged in other risky sexual activities**

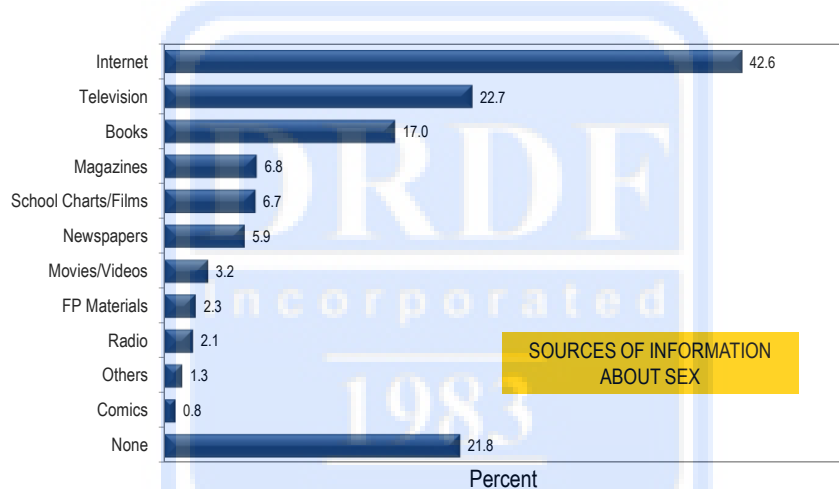
- 13% have engaged in casual sex (Philippines: 7%)
- 9% have FUBU experience (Philippines: 4%)
- 8% of male youth have MSM experience (Philippines: 5%)
- 11% of ever-married youth (including those living-in) have extramarital sex experience (Philippines: 3%)
- Most of these risky sexual activities are unprotected against the risk of pregnancy and/or STIs

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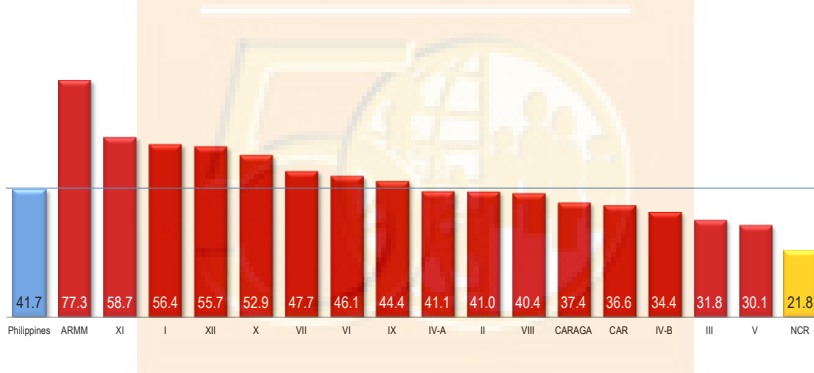


**Internet, TV, and books are the most popular sources of information about sex; More than 1 in 5 NCR youth have no source of information about sex**



**NCR registered the lowest proportion of youth who reported having no source of information about sex**

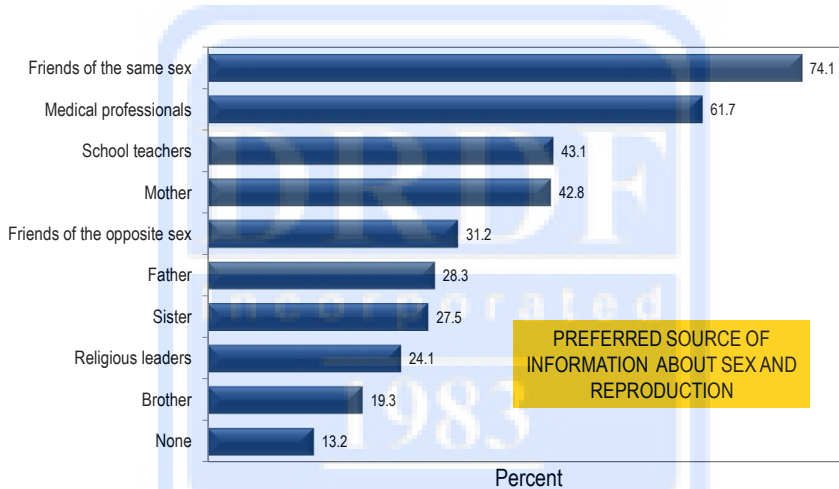
PERCENT OF YOUTH WITH NO SOURCE OF INFORMATION ABOUT SEX



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**Friends of the same sex and medical professionals are NCR youth's most preferred source of information about sex and reproduction**

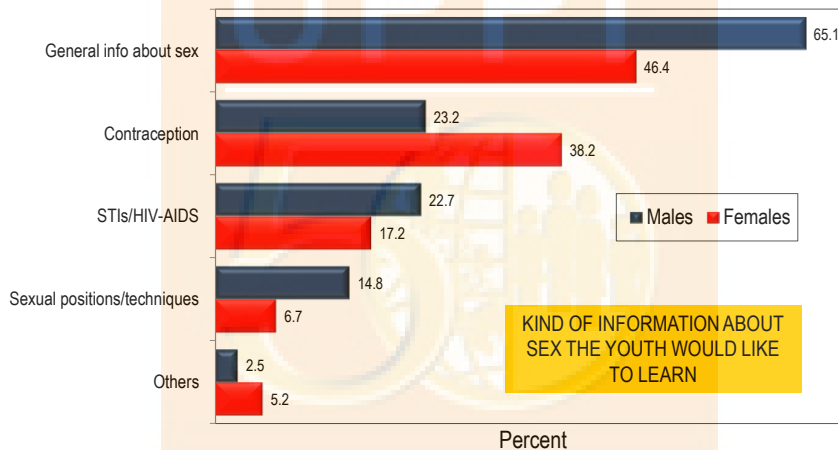


PREFERRED SOURCE OF INFORMATION ABOUT SEX AND REPRODUCTION

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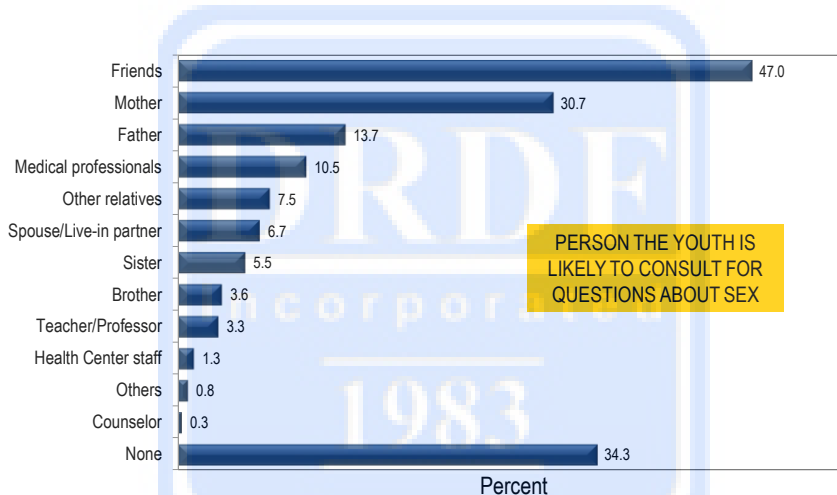
**NCR youth would like to learn general information about sex the most; More females than males would like to learn about contraception**



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**Friends and mothers are the persons most NCR youth will consult if they have questions about sex; One-third will consult no one**



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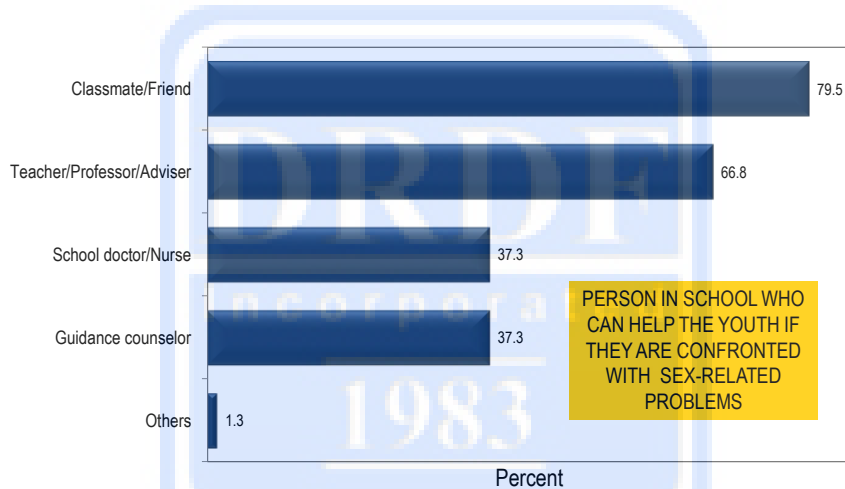
**More than 2 in 3 NCR youth reported that there is somebody in school who can help them if they have any sex-related problem**

PERCENT OF YOUTH WHO HAVE SOMEBODY IN SCHOOL WHO CAN HELP THEM IF THEY ARE CONFRONTED WITH SEX-RELATED PROBLEMS



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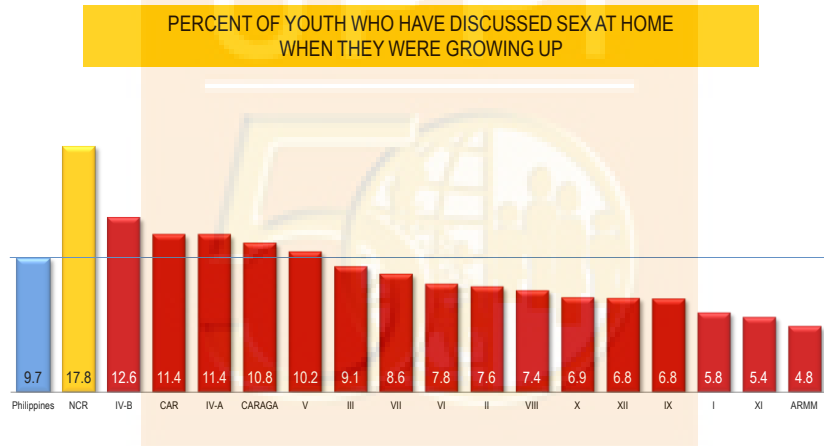
**Most NCR youth identified their classmates/friends as the persons who can help them if they have any sex-related problem**



PERSON IN SCHOOL WHO CAN HELP THE YOUTH IF THEY ARE CONFRONTED WITH SEX-RELATED PROBLEMS

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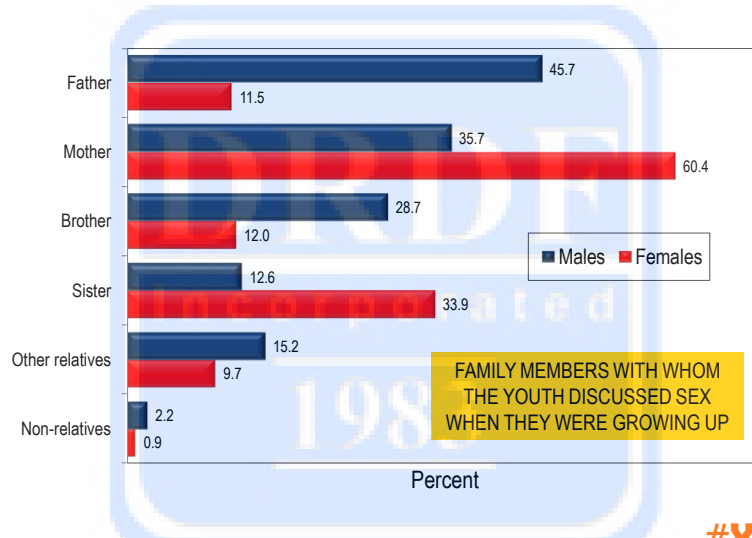
## Less than 1 in 5 NCR youth have discussed sex at home when they were growing up



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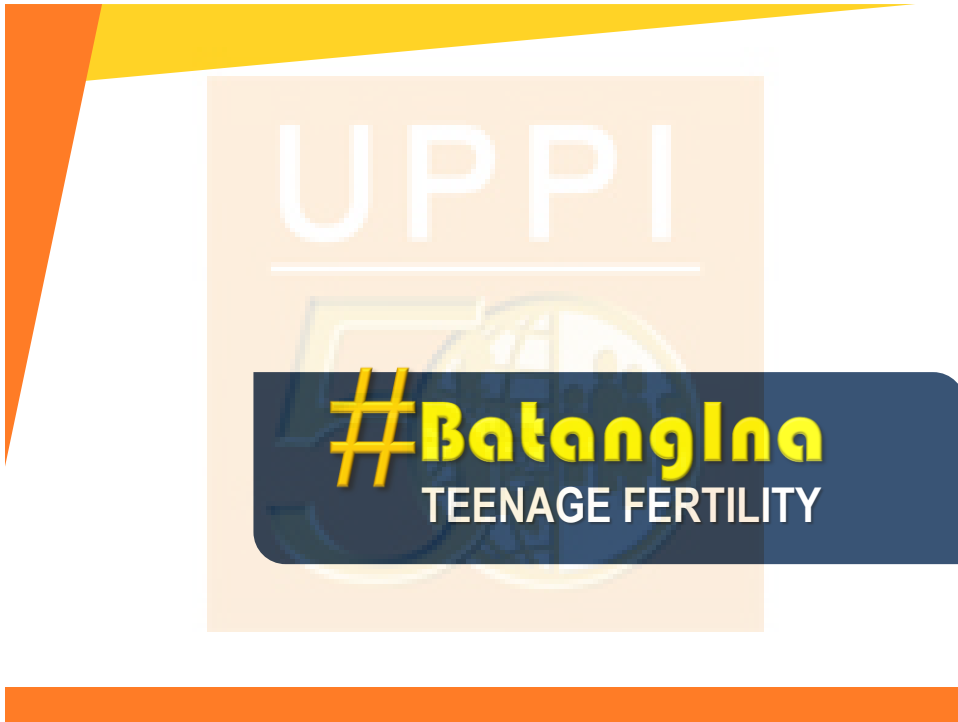
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## Most discussions of sex at home are between fathers and sons, mothers and daughters

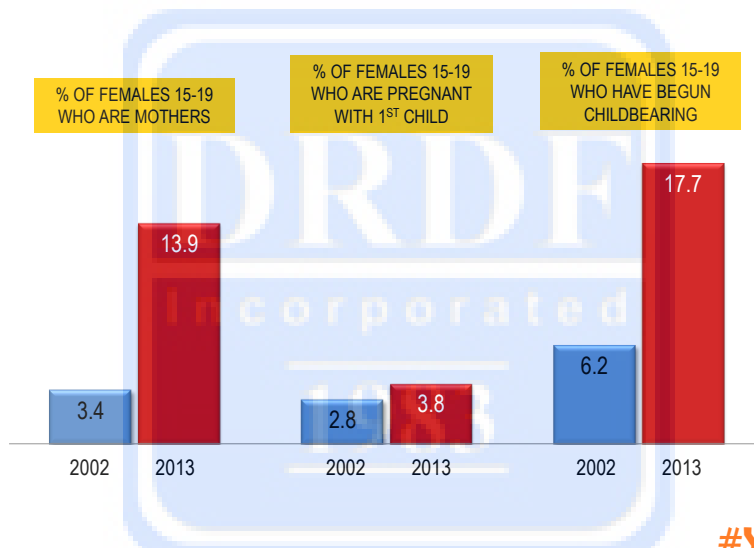


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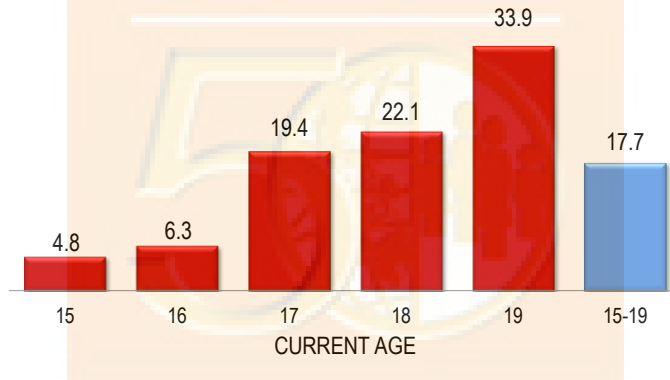
**Teenage fertility in NCR almost tripled in the past decade**





## The proportion of teenage females in NCR who have begun childbearing increases with age

PERCENT OF FEMALE TEENAGERS WHO HAVE BEGUN CHILDBEARING

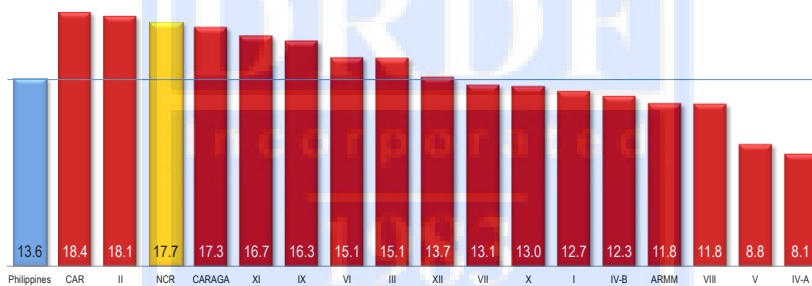


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## NCR ranks 3<sup>rd</sup> in teenage fertility

PERCENT OF FEMALES 15-19 WHO HAVE BEGUN CHILDBEARING



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## SUMMARY & CONCLUSIONS

- There is a heightened, bolder, and wider range of sexual behaviors among the youth including those that use new forms of information and communication technology (ICT)
  - Most pronounced in NCR
- These new technologies have given rise to new forms of sexual activity and new means of meeting sexual partners that could increase the risk of adverse consequences, especially under a context of low prevalence in the use of protection

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## SUMMARY & CONCLUSIONS

- The increased prevalence of sexual activity in various forms may indicate new normative standards regarding sex
  - Norms around marriage may also be changing as indicated by a higher proportion of the living-in than the formally married not only in NCR but in the rest of the country as well
- The narrowing of the gap in the prevalence of premarital sexual (PMS) activity between young men and women, amidst increasing PMS prevalence in general, is likely a major contributor to the sharp increase in teenage fertility

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## SUMMARY & CONCLUSIONS

- Most young people rely on the internet, TV, and books for information about sex
- Friends (particularly of the same sex) and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- Most NCR youth would also like to learn about sex and reproduction from medical professionals

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## SUMMARY & CONCLUSIONS

- The substantial proportions of NCR youth who rely on themselves for information about sex is a cause for concern
- Very little discussion of sex at home
  - Most discussions of sex at home transpire between fathers and sons, and mothers and daughters

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